



SERVICE SHEET

(Only fill in the information that you think is necessary for the caregiver to have in advance)

- Agency Contact Information: **Seniors First 02032905045**
- Service Postcode: **N1 7GU London area**

Interview

- Date: 11/02/2020
- Time: **9 am**
- Face-to-face interview - Address: **22-20 Wenlock Road London**
- Phone interview:
- Skype/Hangouts/Whatsapp/Messenger
- Others:

Comments: **Francesca Johnson (Care Coordinator)**



Contractual Conditions

- Live-in care:
- Contract type: **Employee/Self-Employed**
- Initial service duration:
- Weekly Schedule: **Monday, Wednesday and Friday from 3pm to 7pm**
- **Monthly/Weekly/Daily** payment: **800£**

Comments: **Companionship Service**

Personal details of the person receiving care (only in the case of companionship or personal care)

- **Male/Female**
- Age: **77**
- Weight: **190 lb**
- Nationality: **British**

Workplace information

Type of housing: flat

- People who live with you: **None**
- Family environment (children, grandchildren, frequency of visits): **Weekend Visits**
- Dependent family members: **None**
- Previous external/live-in care:



Comments:

Medical information

- Significant illnesses: **Multiple Sclerosis**
- Medication: **Yes**
- Surgical procedures:
- Prostheses/technical aids:
- Allergies/intolerances:
- Sensory impairments:
- Mobility (dependent/**independent**): **Right now he does not need help, but he could need some help soon.**

Comments:

Personal Care Tasks

- Standby assistance with morning & evening routines
- Transfer assistance
- Bathing & showering assistance
- Personal hygiene assistance
- Help with bathroom use
- Assistance with dressing
- Personal appearance care
- Incontinence care
- Providing medication reminders
- Engaging in physical and mental exercises and activities
- Ensuring client's safety and security by supervising the home environment
- Live-in Care and more



Comments:

Housekeeping Service

- Meal planning
- Cooking
- Washing dishes
- Light housekeeping (vacuuming, dusting, cleaning client's bathroom, kitchen chores and more)
- Personal laundry
- Making/changing beds
- Shopping
- Help with household organisation (tidying closets, sorting photos, etc.)
- Accompaniment for everyday errands
- Pet care
- Plant care

Comments:

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Companionship Service

- **Conversation**
- **Reading**
- **Games**
- Projects
- Gardening
- Appointments
- Attending events
- **Visiting friends**
- **Outdoor activities**
- **Celebrating birthdays**



- **Recording memoirs**
- **Letter-writing**
- Support for administrative procedures with public and private organisations
- Accompaniment while purchasing medicine

Comments: